

## **FOR EGG DONORS-PREPARING FOR YOUR EGG RETRIEVAL**

*(\*\* You will receive a detailed instruction sheet from our office before your egg retrieval. follow the instructions on that sheet exactly.)*

### **The night of your human chorionic gonadotropin (HCG) injection**

- **hCG** is the last hormone injected before egg retrieval. It is packaged under the names: **hCG, Pregnyl™, Profasi™, Novarel™ or Ovidrel™**. On the night of the hCG injection, mix the HCG as follows: add 1cc diluent to the vial of powder (10,000 units), allow powder to dissolve, then withdraw the entire 1 cc (all 10,000units) into the syringe. Switch to the shorter 1 inch 22 gauge needle and inject into the buttocks intramuscularly (as previously instructed).
- You will be instructed in writing as well as verbally regarding the date and time to take the hCG injection as well as other medication instructions.

### **The night before egg retrieval**

- Start **Doxycycline** 100 mg (take first tablet between 9 pm and 11 pm). Take one tablet every 12 hours (8 tablets total) until the tablets are gone.
- **Do not eat or drink anything after midnight** (until after the retrieval).

### **The morning of the egg retrieval**

- You will be instructed in writing as well as verbally regarding the date and time of the egg retrieval. You **must** arrive at our office promptly 30 minutes before the scheduled time of retrieval.
- Wear loose fitting clothes, do not eat or drink anything that morning and do not douche.
- Consent forms must have been completed by this time.
- An anesthesiologist will explain anesthesia-related issues and administer the anesthetic (**Note: before undergoing anesthesia, you MUST alert the anesthesiologist and your doctor about any health problems, even if you have already discussed these in consultation with your physician. Please make sure you notify us of any allergies to soybeans or eggs or any heart valve (e.g. murmurs) or respiratory problems, such as asthma.**)
- After recovering for approximately 60minutes after the retrieval, you will be discharged home. You **must** be accompanied home.
- Take your morning **Doxycycline** tablet with food and a glass of liquid or juice when you return home.