

THE DAY OF THE EMBRYO TRANSFER

- Arrive at the office at exactly the scheduled time.
- Drink three 8-oz glasses of water prior to arrival and another two glasses upon arrival. Drink until you feel you need to void (do NOT void, however, until after the transfer is completed).
- On this day, the physician and embryologist will meet with you to discuss the number of embryos available for transfer and counsel you on the grades of these embryos. You will also discuss recommendations regarding the number of embryos to transfer and the risks of multiple gestation as well as your beliefs regarding fetal reduction.
- The risks, benefits and costs of embryo cryopreservation will be discussed with you as well if you have extra embryos appropriate for cryopreservation.
- Both partners should be present of the day of the embryo transfer.